

## Positive Social Emotional Skills-- Age Anchoring Tool

### Outcome 1:

**Positive Social Emotional Skills....**

Children demonstrate age appropriate functioning by....

<b><u>0-3 Months</u></b>	<b><u>7-9 Months</u></b>	<b><u>13-18 Months</u></b>	<b><u>25 – 30 Months</u></b>	<b><u>31 – 36 Months</u></b>
<ul style="list-style-type: none"> <li>• Fixating on the human face and maintaining gaze with caregiver</li> <li>• Turning their head and eyes in the direction of the parent voice</li> <li>• Being comforted and appearing to enjoy touch and being held by a familiar adult</li> <li>• Draws attention to self when in distress</li> </ul> <p><b><u>4-6 Months</u></b></p> <ul style="list-style-type: none"> <li>• Anticipating being lifted or fed and moving body toward adult when being approached</li> <li>• Smiling spontaneously to human contact, smiling in play, and smiling at self in mirror</li> <li>• Vocalizes to express pleasure &amp; displeasure sounds in addition to crying/cooing</li> <li>• Is able to stop unexplained crying</li> <li>• Enjoying games with others such as “Where is your nose?” and “So Big!”</li> </ul>	<ul style="list-style-type: none"> <li>• Smiling and laughing during turn-taking</li> <li>• Participating in simple games (pat-a-cake, peek-a-boo)</li> <li>• Demonstrating anticipation of play activities</li> <li>• Exhibiting anxious behavior around unfamiliar adults</li> <li>• Using gestures and vocalizing to protest</li> <li>• Shouting or vocalizing to gain attention</li> <li>• Shows anxiety over separation from parents</li> <li>• Repeating a behavior (shows off) to maintain adult attention</li> </ul> <p><b><u>10-12 Months</u></b></p> <ul style="list-style-type: none"> <li>• Imitating familiar words in turn-taking</li> <li>• Showing sensitivity to the mood of others</li> <li>• Performing for social attention</li> <li>• Responding to a request of “come here”</li> <li>• Stopping when name is called</li> <li>• Maintaining attention to speaker</li> </ul>	<ul style="list-style-type: none"> <li>• Pretending to talk on phone, feed a baby, comfort a doll, clean a spill</li> <li>• Discriminating between familiar and unfamiliar people</li> <li>• Showing awareness of the feelings of others</li> <li>• Initiating familiar turn-taking routines</li> <li>• Requesting assistance from an adult</li> <li>• Hugs &amp; kisses parents</li> <li>• Demonstrating a functional use of objects such as trying to use a brush or drinking from a toy cup</li> <li>• Gives a toy to caregiver spontaneously &amp; upon request</li> <li>• Having temper tantrums when frustrated</li> <li>• Sometimes doing the opposite of what is asked of them</li> </ul> <p><b><u>19-24 Months</u></b></p> <ul style="list-style-type: none"> <li>• Shows a wide variety of emotions i.e., fear, anger, sympathy, modesty, guilt, joy</li> </ul>	<ul style="list-style-type: none"> <li>• Being apt to snatch, push, kick, rather than give and take in polite fashion</li> <li>• Throwing tantrums when frustrated</li> <li>• Showing facial expression and behavior indicating pity, shame and modesty</li> <li>• Being restless, rebellious and very active at times</li> <li>• Becoming resistant and dawdling at times</li> <li>• Separates easily in familiar surroundings</li> <li>• Wanting to do favorite activities over and over again</li> <li>• Continuing to try a difficult task for a brief period of time (building with blocks for 3 to 5 minutes)</li> <li>• Insisting on some choices (food, clothing, appearance)</li> <li>• Seeking and accepting assistance when encountering difficulties</li> <li>• Inventing new uses for everyday materials with assistance (using a box for a house)</li> <li>• May develop sudden fears (i.e. large animals)</li> </ul>	<ul style="list-style-type: none"> <li>• Observing other children at play; may join in for a few minutes</li> <li>• Playing well with two or three children in group</li> <li>• Having difficulty sharing</li> <li>• Showing facial expressions and behaviors indicating pity, shame, modesty</li> <li>• Sometimes being restless, rebellious, very active</li> <li>• Becoming resistant, dawdles</li> <li>• Throwing tantrums when thwarted or unable to express urgent needs</li> <li>• Objecting to major changes in routines</li> <li>• Verbalizing play plan for assigned role (“I am mother” “You be baby” “I cook” “You watch TV”)</li> <li>• Verbalizing play plan and using pretend props which are identified for benefit of adult (“This is our house (box)”)</li> <li>• Following simple rules</li> <li>• Taking turns in games</li> <li>• Listening and participating in group activities with adult supervision</li> <li>• Enjoying opportunities for pretend play and creating things (crafts, art)</li> </ul>

## Outcome 1:

### **Positive Social Emotional Skills....**

Children demonstrate age appropriate functioning by...

<b><u>4-6 Months (continued)</u></b>	<b><u>10-12 Months (continued)</u></b>	<b><u>19-24 Months (continued)</u></b>	<b><u>25-30 Months (continued)</u></b>	<b><u>31-36 Months (continued)</u></b>
<ul style="list-style-type: none"> <li>• Vocalizing in response to babbling behavior, vocalizations and speech produced by an adult</li> </ul>	<ul style="list-style-type: none"> <li>• Responding with gesture to “come up” or “want up”</li> <li>• Waving in response to “bye-bye”</li> <li>• Saying “mama” or “dada” meaningfully</li> <li>• Using a word to call a person</li> <li>• Pushing or pulling an adult’s hand to have a behavior instigated or repeated</li> <li>• Showing attachment to favorite toy or blanket</li> <li>• Expressing two or more emotions (pleasure, fear, sadness)</li> <li>• Briefly stopping behavior when told “no”</li> </ul>	<ul style="list-style-type: none"> <li>• “Checking-in” with familiar adults while playing</li> <li>• Resisting change, transitions are difficult</li> <li>• Show jealousy of attention given to others, especially own family</li> <li>• Using vocalizations and words during pretend play</li> <li>• Playing alone for short periods</li> <li>• Recognizes self in photograph</li> <li>• Uses concept “mine” to denote possessiveness</li> </ul>	<ul style="list-style-type: none"> <li>• Displaying understanding of how objects work together (gets the dustpan when adult is sweeping the floor)</li> <li>• Substituting similar objects (uses boxes for blocks)</li> <li>• Realizing that behaviors can precede events (if mom takes things out the refrigerator and turns on the stove, she is going to cook lunch)</li> <li>• Attempting to comfort others in distress</li> <li>• Addressing listener appropriately to get attention (uses child’s or adult’s name to get attention)</li> </ul>	<ul style="list-style-type: none"> <li>• Altering behavior based on a past event and builds on it (“this didn’t work, so I will try this”)</li> <li>• Relating an experience today to one that happened in the past (i.e. when Grandma comes over the dog has to be in the crate)</li> <li>• Saying “please” and “thank you” when reminded</li> <li>• Stating whether they are a boy or a girl</li> <li>• Begins to obey and respect simple rules</li> <li>• Takes prided in achievements</li> <li>• Resists change, may want things done the same way</li> <li>• May be able to participate in games that involve following simple directions and taking turns (i.e. “Duck, Duck, Goose”)</li> </ul>